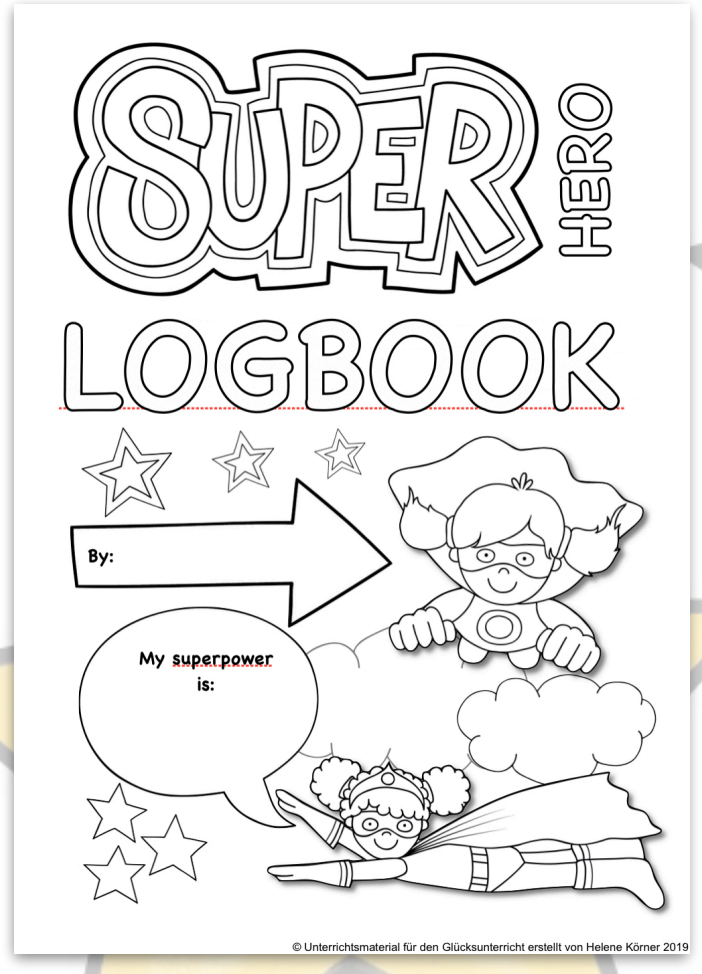
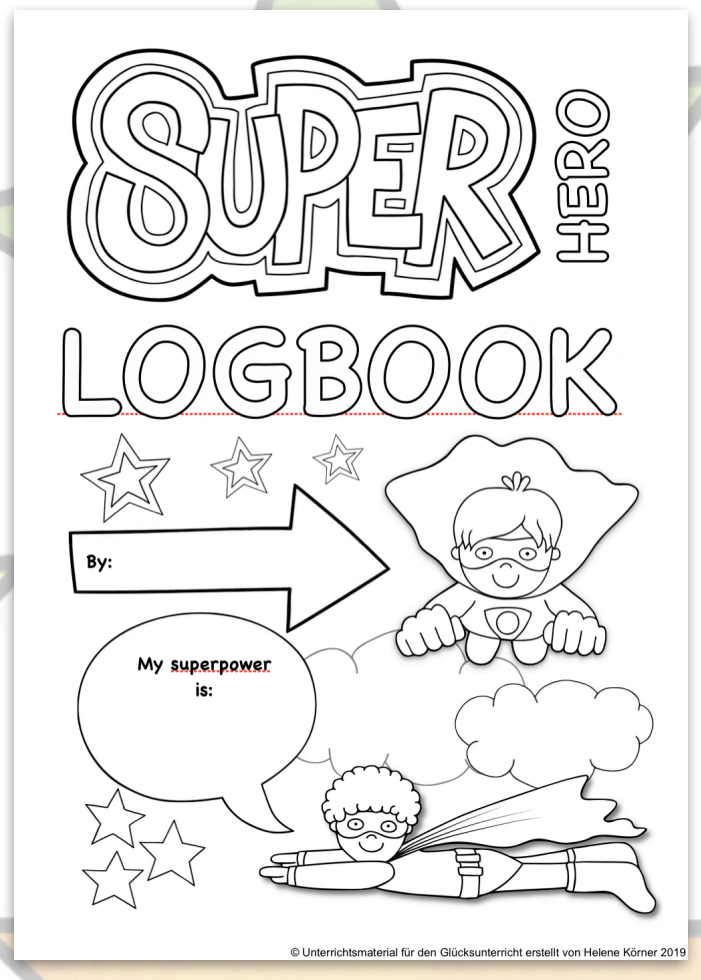
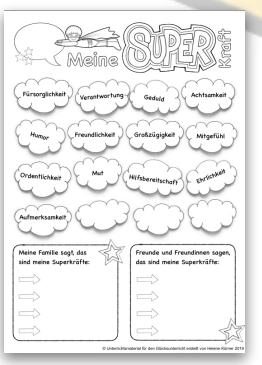
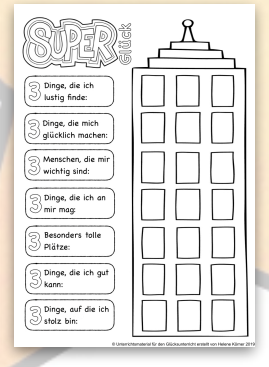
LOGBOOK

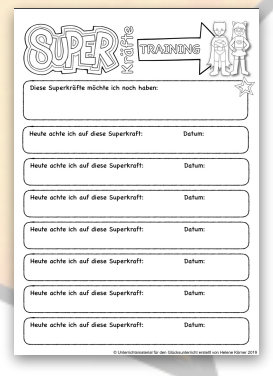
for superheroes











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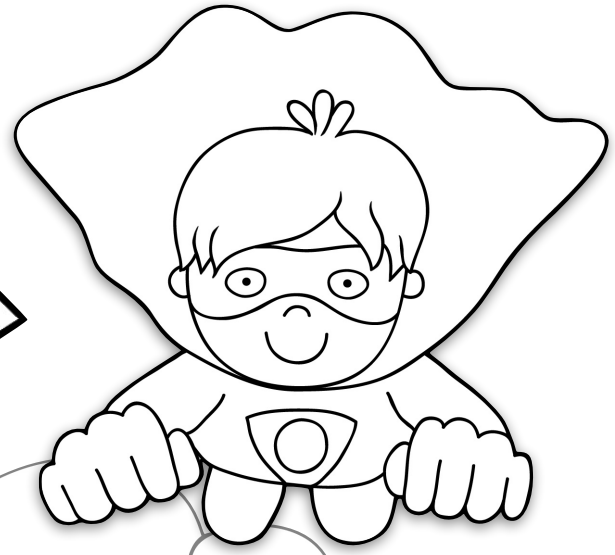
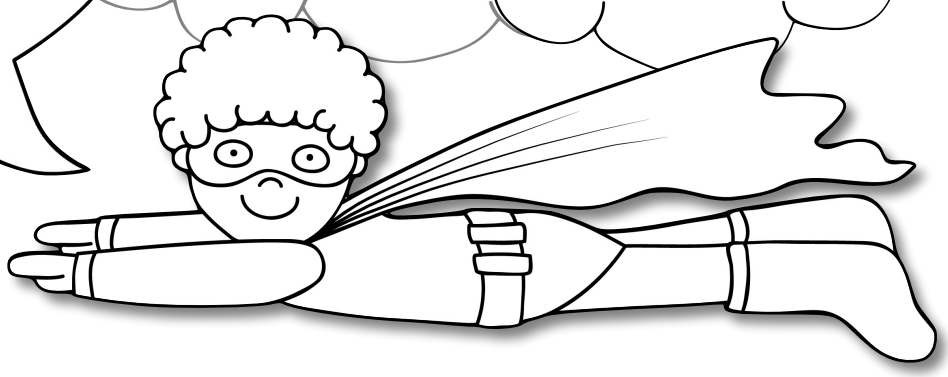
SUPER HERO LOGBOOK

By:

My superpower is:





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SUPER HERO LOGBOOK

By:

My superpower is:

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SUPER power

generosity	I am a happy person and I like to make people laugh and bring joy to everybody.
sympathy	I am honest and I admit mistakes. I tell the truth with kindness.
tidiness	I like to share without being asked for it!
kindness	When I notice somebody doesn't feel good, I take care of him / her.
humour	I am careful. I make sure not to hurt anyone or destroy anything! I take care of myself and others!
honesty	I tidy up to find everything and try to keep everything clean.
mindfulness	I am always friendly and kind! I even say hello to strangers!

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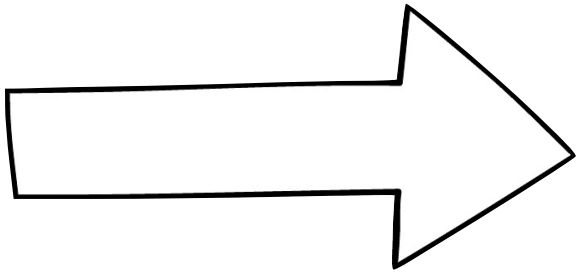

SUPER power

patience	When I notice someone in needs, I offer my help.
caring	I believe in myself even if it is difficult.
responsibility	I am responsible for everything I do. I don't find excuses!
bravery	I am patient and I can wait. I'm looking forward to what happens next.
helpfulness	It is important for me that everybody is doing well. I treat people, animals, and the nature right.
attentiveness	I pay attention to others and listen carefully.

The coolest superpower:

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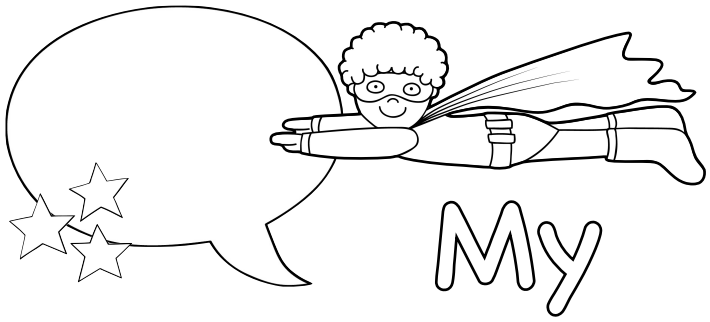

My SUPER power

mindfulness

honesty

responsibility

sympathy

humour

kindness

generosity

tidiness

caring

bravery

attentivenes

helpfulness

patience

My family says my superpowers are:

My friends say my superpowers are:

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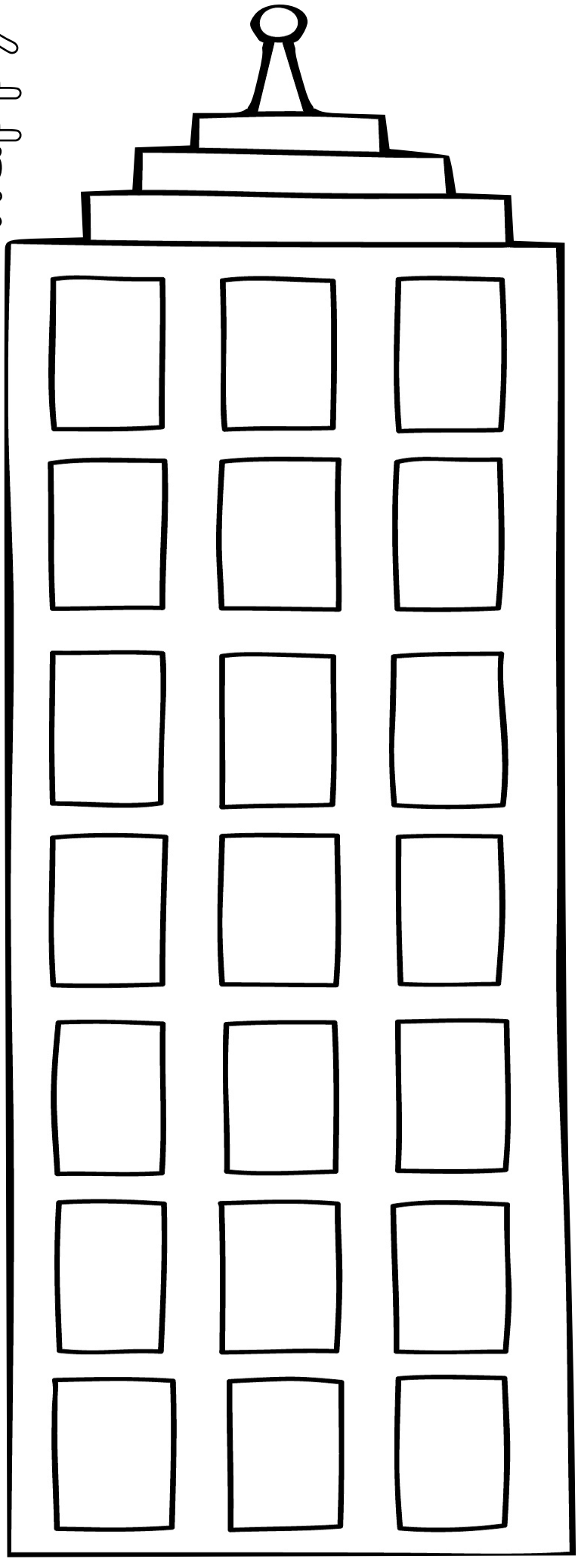
SUPER happy



3 funny things:

3 things that make me happy:

3 important persons in my life:

3 things that I like about me:

3 beautiful spots:

3 things I am very good at:

3 things I am proud of:

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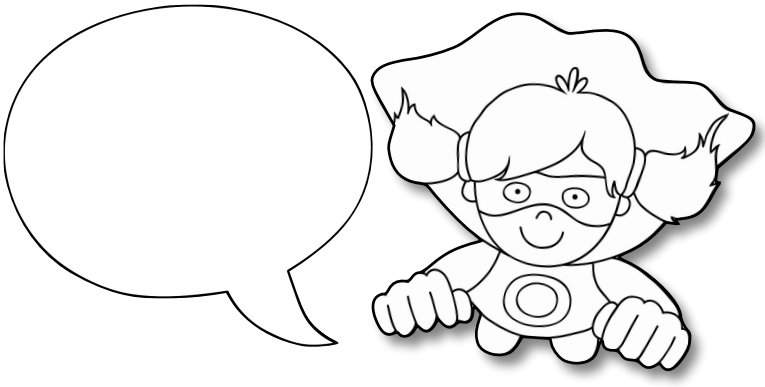
SUPER week



Date: _____

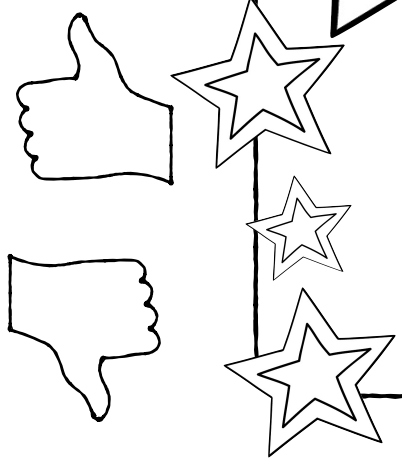
Superpower of the Week:

Achievements:

Tower of happy moments

Good deeds:

This week was:



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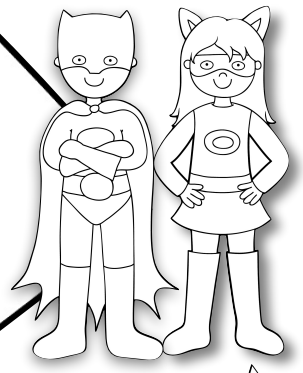
SUPER power TRAINING



I would like to have this superpower:

Today I pay special attention to this superpower: Date:

Today I pay special attention to this superpower: Date:

Today I pay special attention to this superpower: Date:

Today I pay special attention to this superpower: Date:

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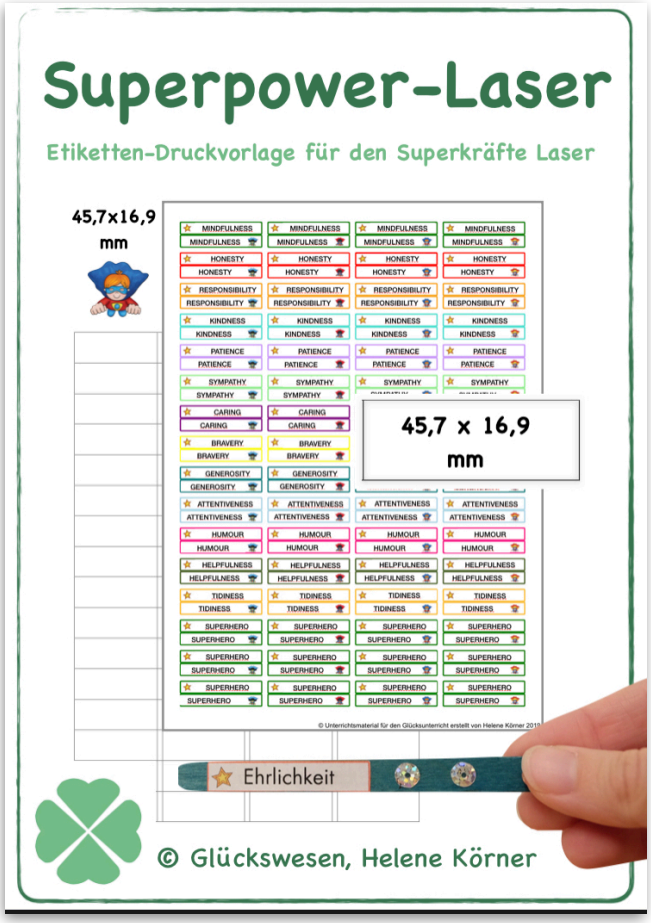

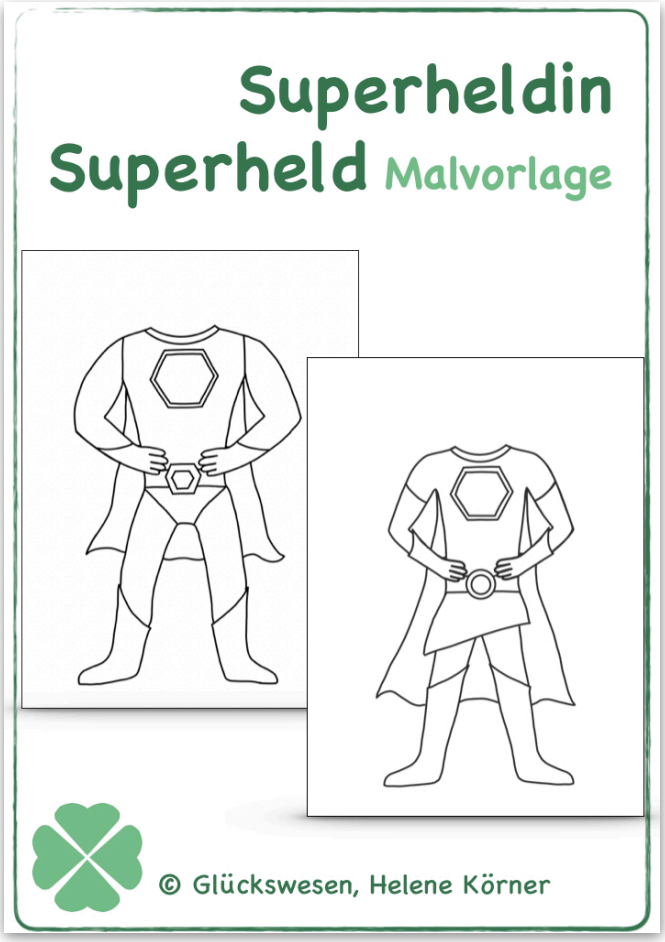

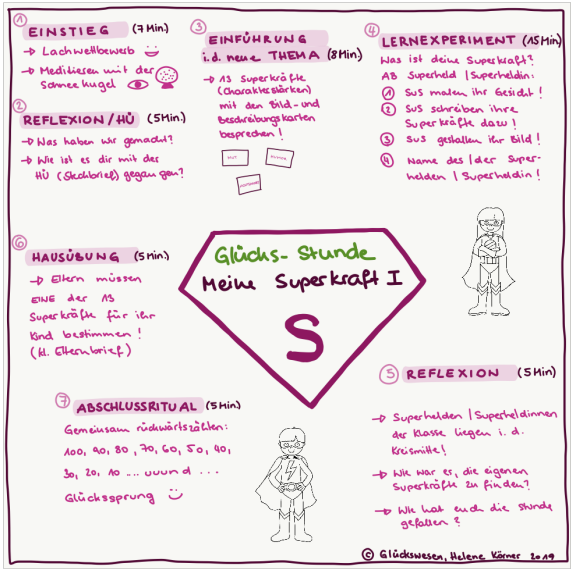

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